A 12-WEEK COURSE FOR MEN

Better Men

A biblical blueprint for mature Christian manhood.



"The church is looking for better methods. God is looking for better men." **E. M. BOUNDS**

HEALTHY HEART | **HEALTHY HOUSEHOLD** | **HEALTHY CHURCH** | **HEALTHY WORLD**

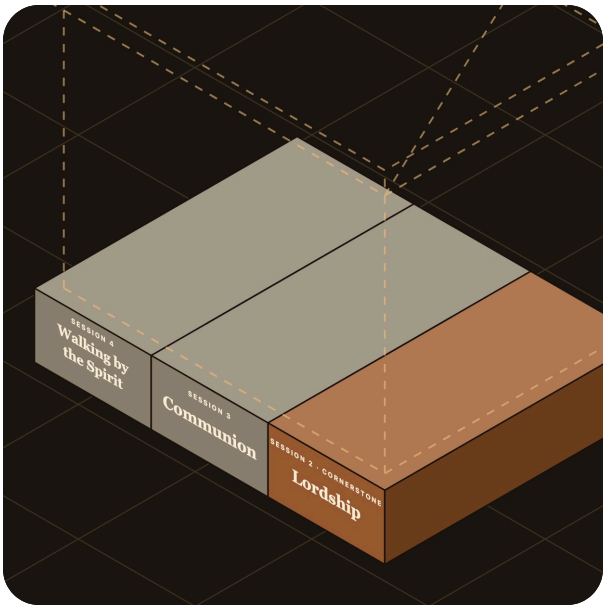
START HERE

SESSION 1

The Need for Better Men

Our world is sick and dying, full of bad men teaching bad ideas that are dishonoring to Christ.

READ
Titus 1–3
1 Timothy 3



Healthy Heart

SESSIONS 2–4 · THE FOUNDATION

SESSION 2 · CORNERSTONE

Lordship

Jesus as Lord of all: repent and believe.

Read · Acts 2:32–39 · Matthew 16:24–26 · Mark 10:17–22

SESSION 3

Communion

Like Jesus, we want our lives to overlap God's will perfectly. So we daily seek to sync our lives to God's will in everything.

Read · Psalm 1 · Psalm 119

SESSION 4

Walking by the Spirit

Sons, not slaves: fight the flesh, confess sin.

Read · Romans 8:1–17 · Galatians 5:16–25

The house keeps building on the back →

Watch it build at **housecraftmn.com/tools/better-men**



Healthy Household

SESSIONS 5–9 · INSIDE

SESSION 5 · THE FRONT DOOR

God's Good Design

Equal in dignity, distinct in role. Men lead like Jesus. Women submit like the church.

SESSION 6

Vision & Rhythm

Fruitful. Multiply. Fill. Subdue. Rule. In rhythm with Sabbath and holy days.

SESSION 7

Culture & Course-Correction

Constantly taking the temperature to grow and not provoke or be harsh with your family.

SESSION 8

Kids & Parenting

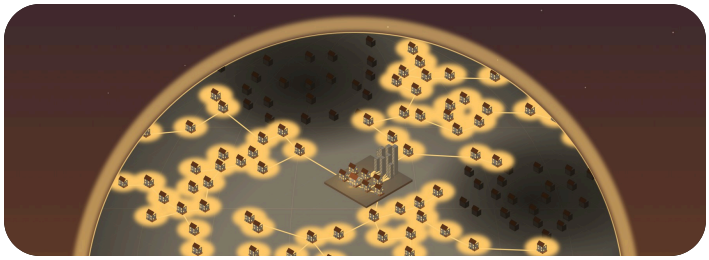
Family worship. Training always. Not sparing the rod. Partnering for generations in God's work.

SESSION 9

Production & Provision

Producers, not consumers. Work is a gift. Provision is a command. And generosity is a joy.





Healthy Church

SESSIONS 10–11

SESSION 10 · TO THE NEIGHBORS

Go, Love & Serve

Intentionally leading your family to impact others for Christ with his gospel.

SESSION 11 · TO THE CITY

Teach & Transfer

Entrusting the Word to faithful men who will teach others and rebuke those who contradict it.

Healthy World

SESSION 12

SESSION 12 · LIGHT IN THE DARKNESS

Elders & Patriarchs

Godly men with healthy hearts, building healthy households, forming healthy churches, shining the light of Christ into this sick and dying world.

The weekly teaching
The meat of the message. Listen online.

The weekly gathering
The men meet for honest talk, prayer, and application.

The weekly action
A hands-on exercise for your life and home.

The weekly prep
Read the passages and answer one question.

12 OF 12 · THE WHOLE HOUSE

Want to talk more?

Reach out to Dale or Daniel. They'd love to talk it through with you.

dale@lighthousechurchmn.com · daniel@lighthousechurchmn.com

Watch it build at **housecraftmn.com/tools/better-men**

12 weeks

1 hr a week at home

0 men doing it alone

Each week you pair up and pray for a brother. Your answers stay private.